

# Adult Social Care Scrutiny Commission

---

## **Autism Update 2017**

---

Lead director: Steven Forbes

Date: 24<sup>th</sup> October 2017

## Useful information

- Ward(s) affected: All
- Report author: Tom Elkington
- Author contact details: 0116 456268
- Report version number V.3

### 1. Purpose

- 1.1 To provide the Adult Social Care Scrutiny Commission with an update on the refreshed LLR Autism Strategy Delivery Plan.

### 2. Summary

- 2.1 All Local Authorities, in partnership with health organisations are required to publish an Autism Strategy to improve the outcomes of people with autism. Therefore, the three local authorities and three Clinical Commissioning Groups (CCG's) across Leicester, Leicestershire and Rutland (LLR) developed an LLR Autism Strategy (2014 to 2019) which set out what actions are required to improve services.
- 2.2 The refreshed Autism Strategy Delivery Plan also reflects the outcomes of the National Strategy 'Fulfilling and Rewarding Lives' (2015).
- 2.3 The three local authorities and the three CCG's and the Leicestershire Partnership Trust (LPT) were also required to submit a joint LLR Autism Self-Assessment framework (SAF) in November 2016. The SAF provides the assurance to the Department of Health, that health and social care organisations are working towards delivering the outcomes of the National Strategy.
- 2.4 The Leicester City partners' were good (green) in 12 areas, requiring some improvement (amber) in 16 areas and (red) poor in 3 areas. The areas that still require further work have been incorporated into the refreshed LLR Autism Strategy Delivery Plan, which is detailed at Appendix A.
- 2.5 An LLR Autism Partnership Board, which includes service users, carers/families and professionals are responsible for overseeing the delivery of the LLR Autism Strategy Delivery Plan.

### 3. Recommendations

- 3.1 The Adult Social Care Scrutiny Commission are asked to note the contents of this report and to provide feedback.

#### 4. Report Background information - The LLR Autism Strategy 2014 to 2019

4.1 The Autism Act 2009 and the LLR Autism Strategy 2014 to 2019 was developed to reflect the requirements of the Act.

4.2 A refresh of the LLR Autism Strategy Delivery Plan was undertaken in 2016 and brings together the key outcomes of the National Strategy and the actions arising from the 2016 SAF as detailed at Appendix A.

#### 5. Progress on Autism Strategy 2014 to 2019 Delivery Plan

5.1 There are 7 domains within this Delivery Plan, which translate into 44 specific actions, 19 were as a direct result of the SAF findings. They cover:

**Planning** – how services are planned and this includes reasonable adjustments to enable equality of access to mainstream services.

**Training** – to ensure that appropriate levels of training is available for staff working with people who have an autism spectrum disorder.

**Diagnosis** – to ensure that the diagnostic pathway is clear and accessible with information and guidance available throughout.

**Care and support** that will enable meaningful and appropriate post diagnostic support to all adults, and their carers, who receive a diagnosis.

**Housing** – to ensure the needs of people with autism are recognised by housing services and reasonable adjustments are made where needed.

**Employment** – people with autism need to be supported to access and maintain employment and educational opportunities.

**Criminal Justice System** are able to ensure a flow of information and training regarding autism is available across all of the service areas.

5.2 The LLR Autism Board oversees the delivery of the strategy delivery plan and meets bi monthly. A forum for carers of people with Autism links into this board.

5.3 The next SAF is likely to be in spring 2018.

5.4 The following table below demonstrate specific progress on SAF actions from October 2016 to September 2017.

Area	Actions	Red 2016	Red 2017	Amber 2016	Amber 2017	Green 2016	Green 2017
Planning	11			7	6	4	5
Training	2			2	2		
Diagnoses	9	3	3	2	2	4	4
Care and support	4			4	4		
Housing	1					1	1
Employment	2			2	2		
Criminal Justice system	2			2	2		

5.5 One amber area noted in the 2016 SAF moved to green in 2017, which was achieved by the development of an LLR e-Learning training package that will provide consistent basic awareness training.

5.6 All three areas that were red in 2016 (as detailed below) remain the same for 2017, generally these 3 areas fall under the responsibility of health in terms of understanding the needs of the different groups and ensuring that support services are in place once people are diagnosed.

1. Improving data intelligence relating to women and autism
2. Improving data intelligence relating to older people and autism
3. Post diagnostic support

5.7 In terms of the remaining areas requiring some improvement (amber), the actions required to move these to green are detailed in the Delivery Plan as detailed at Appendix A.

## **6. Financial, legal and other implications**

### **6.1 Financial implications**

6.1.1 There are no direct financial implications from this report. It is primarily concerned with updating the Autism Strategy Plan across LLR. There are no cost implications highlighted as a consequence of the report.

Yogesh Patel – Accountant (ASC) (37 4011)

### **6.2 Legal implications**

6.2.1 There are no direct implications from a Commercial/Procurement perspective. It is noted that the recommendations within this report will ensure that the Local Authority continues to be compliant with the duties under the required legislation by reviewing their strategy for Autism.

Mannah Begum - Solicitor (Commercial, Property & Planning) (37 1423)

## **7. Climate Change and Carbon Reduction implications**

7.1 Awaiting information

## **8. Equalities Implications**

8.1 Autism is a lifelong condition and how it is experienced and impacts on an individual can be very varied. It is important that individuals from across all protected characteristics can access the right support at the right time. The refresh of the strategy will include engagement with services users groups, carers groups and providers of services. Increased awareness and understanding underpins equality of access to services and opportunities, proactive interventions and social inclusion.

Surinder Singh - Equalities Officer (37 4148)

**9. Other Implications (You will need to have considered other implications in preparing this report. Please indicate which ones apply?)**

9.1 Privacy impact assessment – An information sharing agreement has been developed and will be reviewed as part of the refresh of the strategy.

**10. Background information and other papers:**

LLR Autism Strategy 2014 to 2019  
Refreshed Autism Strategy Delivery Plan 2016  
SAF report to Health and Well Being Board 2016.

**11. Summary of appendices:**

11.1 LLR Autism Strategy Delivery Plan

**12. Is this a private report (If so, please indicated the reasons and state why it is not in the public interest to be dealt with publicly)?**

No

**13. Is this a “key decision”?**

No

As at 18/09/17 Version 13

**RAG Guide**

On target - no concerns	
On target - possible delays	
Behind target	
Not yet started	

Appendix A

HEADLINE ACTION	Domain	KEY ACTIONS	RESP Officer	TIMESCALE completion and review	PROGRESS REPORT & MEASURES	RAG for Outcome			
						City	County	Rutland	LPT/CCG
<b>Training</b>									
Prevention	Personalisation	The LLR Training Plan is being reviewed and updated and the ELearning Module is being refreshed and expanded	LALPT	Ongoing					
Training	Personalisation	Refresh the workforce plan for the Autism specific work being undertaken across all professions which will then increase and cascade knowledge of Autism in the wider community.	All	Ongoing	Training take up has been v good across all areas both public sector, private & voluntary. Courts, Criminal Justice System and Probation Service are now actively engaged in training.				
Training	Personalisation	Ensure that all Council Departments have access to ASD Training	All	Ongoing	Training uptake has been increased across all Departments				N/A
Planning	Personalisation	Work with the provider market to develop a range of support options (informed by user feedback) available to eligible individuals with Autism to choose using their personal budget.	CCG LPT LA	Ongoing	Market position statement. Work has begun on Integrated Personal Health Budgets				
<b>Accommodation</b>	<b>Domain</b>	<b>KEY ACTIONS</b>	<b>RESP Officer</b>	<b>TIMESCALE completion and review</b>	<b>PROGRESS REPORT &amp; MEASURES</b>	<b>City</b>	<b>County</b>	<b>Rutland</b>	<b>LPT/CCG</b>
Planning	Accommodation	Increase the range of accommodation. Support people to live in mainstream housing & provide information about housing and support options to people with Autism and their carers.	LA District Councils	Long term	Measure where young people move to when leaving family home, education settings, MH wards. In discussions with Districts to ensure Autism is included in Local Housing Strategies				N/A
Planning	Accommodation	Support people living at home with their families where this is their choice to enable them to plan for their future housing needs.	LA District Councils	Medium term	Numbers of providers (specialist) on framework. Evidence of PB Evidence from Transforming Care List				N/A
Planning	Accommodation	Ensure more people are owning their own home or living in rented accommodation with tenancies	LA District Councils	Long term	Numbers increasing/Continue to collate				N/A
planning	Accommodation	Ensure housing departments know about the housing needs of people with Autism and include this in their local plans	LA District Councils	Medium term	Market Position Statement and Local Housing Strategies				N/A
<b>Diagnosis</b>	<b>Domain</b>	<b>KEY ACTIONS</b>	<b>RESP Officer</b>	<b>TIMESCALE completion and review</b>	<b>PROGRESS REPORT &amp; MEASURES</b>	<b>City</b>	<b>County</b>	<b>Rutland</b>	<b>LPT/CCG</b>
Diagnosis	All sections	Robust systems in place to identify and flag people with Autism across Health, Local Authorities and other statutory and voluntary agencies (where appropriate) to enable Reasonable adjustments to be made	CCG/ LPT/ LA	Short term	Increased numbers of people with Autism identified through the SAF process				
Diagnosis	Partnership working	Commission a multi-disciplinary post diagnostic support service for those people without an intellectual disability	LPT/CCG Avinash Hiremath/Jim Bosworth	Ongoing	Business case with CCG for the following disciplines - Psychology, SALT, OT				
Training	personalisation	Ensure training is provided for all staff across primary care to recognise, adapt and respond appropriately to need.	CCG/ Cheryl Bosworth/John Singh	Ongoing	GP have access to a range of training				
Criminal Justice System	Partnership working	Work with the criminal justice system, police, prison and probation services, to improve knowledge and access to assessment and support.	LPT Andy Watson / LA / Probation CRC / Police	Ongoing	LPT now provide mental-health input to local prisons (except Stocken- Rutland making alternative arrangements) so are collating data. Probation service (CRC) & Police are now represented on the Autism Board.				
Prevention	Health	Improve people's experience of General Hospital Admission by developing/adapting an Alert card/Passport to take to hospital.	UHL	Ongoing	Monitor via Flagging System & user experience				

Employment	Domain	KEY ACTIONS	RESP Officer	TIMESCALE completion and review	PROGRESS REPORT & MEASURES				
Employment	Personalisation	Ensure all actions under personalisation include people accessing employment, education and social activities.	LA	Medium term	Monitor via SAF returns, review outcomes & user experience.-				N/A
Training	Reasonable adjustments	Raise awareness /provide guidance on making reasonable adjustments under Equality Act guidance specifically to people with Autism.	LA Health	Ongoing	Autism Alert card, all commissioning staff do tier 1 training. LPT - no adjustments for Mental Health				
Employment	Reasonable adjustments	Raising awareness with employers & ensure workers have a good understanding of the needs of people with Autism.	LA/ LPT/ CCG	Ongoing	6 monthly report on activity				
Training	Employment	Raise awareness with Voluntary groups to encourage those with Autism to volunteer.	Vol sector	Ongoing	User /carer feedback				
Training	Preparing for Adulthood	Engage with local Colleges of Further Education and Universities on the needs of people with Autism.	LA/ LPT/ CCG	Ongoing	Feedback from users/carers and education establishments				
Planning	Personalisation	Need to address the issues for those who wish to access education but may not be able to improve their level of education.	LA/ Colleges/ Connexions/ Prospects/	Ongoing	User /carer feedback				
Planning	Domain	KEY ACTIONS	RESP Officer	TIMESCALE completion and review	PROGRESS REPORT & MEASURES	City	County	Rutland	LPT/CCG
Planning	Preparing for Adulthood	Ensure the Local Offer is reflective of the needs of young people with Autism	LA / CCG / LPT	Ongoing					
Planning	Preparing for Adulthood	Ensure the changes with the Education, Health and Social Care Plan are inclusive of Autism needs	LA / CCG / LPT	Ongoing	Increased involvement in EHC's				
Planning	Preparing for Adulthood	Refresh the Autism Transition pathway for young people and ensure links with EHC Process	LA / CCG / LPT	Short term	Completed Refresh Autism Transition Pathway				
Planning	Health	Ensure the review of Child Mental Health services links with the Autism Pathway	CCG / LPT	Short term	Starts March 2016	N/A	N/A	N/A	
Prevention	Reasonable adjustments	Ensure that information is available in a range of accessible options	All	Ongoing	LPT hosts the current information platform. Other work in progress				
Planning	Carers	Continue to meet with and listen to carers on a bi-monthly basis	LLR Board	Ongoing	Carer feed back				
Diagnosis	Carers	Involve carers in the development of the Autism strategy & Autism Pathway	LLR Board	Ongoing	Carer feed back				
Prevention	Reasonable adjustments	Ensure the needs of older people with Autism are identified. The Autism Strategy is not just about young adults with autism. It is critical that local services and communities think autism in relation to older people. A key challenge for older adults with autism is they will have had significant support from their families, but as families age, this becomes less possible.	LA / CCG / LPT	Ongoing	Map and track Further information gathering required				
Prevention	Reasonable adjustments	Adult commissioning teams in both health and social care will ensure people with Autism over the age of 65, and those with dementia are supported to access, through existing pathways (e.g. Dementia pathway), a range of services that best meet their assessed needs.	LA / CCG / LPT	Ongoing	Map and Track Further information gathering required				
Planning	Carers	Encourage the market development of a range of short break services to include: Over-night stays away from home Activities at home Activities in the community individually or in a group Ensure health needs are met appropriately wherever an individual wants to have their short break	LA/LPT/CCG	Ongoing	Short break review underway User /carer feedback User /carer feedback City procurement of flexible short breaks completed				
Planning	Reasonable adjustments	Develop, maintain, share and publish information on the needs of people with Autism across Leicestershire, including women, older people and people from BME communities	LA/ LPT/ CCG Public Health	Ongoing	Use Web sites User/Carer Feedback				
Diagnosis	Health	Build on the Autism pathway to ensure there is sufficient data available about people who are known or referred to social care	LA/LPT/CCG	Ongoing	Working with Children's and Adult data and improve flagging of adults with Autism and LD				
Training	Criminal Justice system	Raise awareness of the needs of people with Autism with the Criminal Justice system	LA LPT/CCG/ Police/ Probation/ Prisons	Ongoing	Map and track Increased Interaction and Liaison between all agencies				
Diagnosis	Criminal Justice system	Increase understanding and use of the Autism Diagnostic pathway by the Criminal Justice system	LA/ CCG / LPT Probation Police Prisons	Ongoing	Links made with Liaison and diversion services, nursing services available in prisons, Increased Interaction and Liaison between all agencies				
Diagnosis	Health	Provide access to therapeutic services - OT, psychology, SLT, following a diagnosis for those non Learning disabled.	LPT/CCG	Medium term	Business case with CCG for decision	N/A	N/A	N/A	

Planning	Personalisation	Ensure there is appropriate and effective reporting, investigation and feedback of Safeguarding incidences	LA/ LPT/ CCG	Ongoing	Monitor Outcomes				
Planning	Health	Ensure Transforming Care plans incorporate the needs of people with Autism who are inpatients in MH hospitals or alternative hospital settings	LA / CCG / LPT Specialised Commissioning	Ongoing	Monitor progress and appropriate support via Care & Treatment Reviews				
<b>Care and Support</b>	<b>Domain</b>	<b>KEY ACTIONS</b>	<b>RESP Officer</b>	<b>TIMESCALE completion and review</b>	<b>PROGRESS REPORT &amp; MEASURES</b>	City	County	Rutland	LPT/CCG
Carers Assessments	Carers	Ensure where appropriate carers of people assessed as having autism are offered a carers assessment	LA	Ongoing	Data and Carer feed back				N/A
User Social Care Assessments	Reasonable adjustments	Ensure Social Care Assessments make reasonable adjustments and address people's autism needs	L/A	Ongoing	Data and User feed back				N/A